

Q: How do I choose a secure password?

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- *At a minimum, follow these requirements:* Choose a password with six characters containing at least one number.
- *For increased security:* Choose a longer password containing both upper and lower-case letters, numbers, and special characters.

When changing your password, we will let you know how strong the password is. If the password is "Weak," add more complexity with more characters and different types of characters.

Examples:

Change password	Change password
<p>Current password not recommended</p> <input type="password"/>	<p>Current password recommended</p> <input type="password"/>
<p>Choose a new password</p> <input type="password" value="disco1"/>	<p>Choose a new password</p> <input type="password" value="disco1is_THEBEST!xTyU9*k\$zgh"/>
<p>Weak</p>	<p>Very strong</p>

Important: The above examples are for demonstration purposes only. Please do not use either of these passwords for your DISCO.

We also perform checks on all passwords to ensure they haven't been previously exposed to any data breaches across the internet. If your password has previously been exposed, you'll see this message, and will be required to choose a different password.

Choose a new password

! Sorry, but the password that you entered has previously appeared in a data breach. Please create a new, more secure password.

Re-enter password

Change password

Important: If you see the above message and the password you've chosen is the same one you're using on other sites or applications, we strongly encourage you to change that password **everywhere**. Passwords that have been exposed in data breaches are more likely

to be used by bad actors to attempt to gain access to personal accounts.

In addition to having a secure password, we ***strongly*** recommend you [enable MFA in your DISCO](#). Please also be sure to [review your security responsibilities](#) as a DISCO user.
